

Arielle Jordan

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EDUCATION

- Doctor of Philosophy in Counselor Education and Supervision** May 2020- Present
Walden University, Minneapolis, MN- CACREP Accredited
- Master of Science in Clinical Mental Health Counseling** Summer 2020
Walden University, Minneapolis, MN- CACREP Accredited
Cum Laude
- Bachelor of Science in Psychology** Winter 2016
Delaware State University, Dover, DE
Summa Cum Laude
- Associate of Science in Business Administration** Spring 2014
Colorado Technical University, Colorado Springs, CO

LICENSES/ CERTIFICATIONS

- Licensed Clinical Professional Counselor (LCPC)
Maryland- LC12604
- National Board of Certified Counselors (NBCC)- National Certified Counselor
- EMDRIA- EMDR Trained Therapist

CLINICAL EXPERIENCE

- Trauma Specialist of Maryland** Frederick, MD September 2021- Current
Trauma Specialists of Maryland provides mental health services to adults that are beginning therapy, continuing therapy, or are interested in exploring EMDR therapy.
Trauma Therapist
Provide individual psychotherapy for clients in a private practice setting. Integrate brain-body based interventions (EMDR) into clinical practice, working with adults. Utilize Simple Practice for scheduling, billing, and documentation. Engage in clinical consultation with mental health professionals.
- Walter Reed National Military Medical Center** Bethesda, MD March 2020- September 2021
Outpatient Therapist
Provided individual psychotherapy for active-duty soldiers on Walter Reed National Military medical center's campus. Conducted intake assessments, including Biopsychosocial assessments. Created treatment plans for outpatient treatment. Utilized AHLTA and CHCS for scheduling and clinical documentation.
- Crossroads Treatment Centers** Danville VA & Winchester VA September 2017- March 2020
Medicated Assisted Substance Abuse Clinic
Certified Senior Substance Abuse Counselor
Created treatment plans and provided individual psychotherapy using motivational interviewing and Path to Recovery model addressing substance use. Conducted intakes assessments, including Biopsychosocial assessment, and discharge summaries.
- New Behavioral Network** Dover, DE Jan 2017- September 2017
Family Interventionist/Therapeutic Support
Provided therapeutic interventions to youth involved with child welfare and or juvenile justice system and their families using intensive in-home therapy model. Conceptualized treatment, safety, and discharge plan regularly modified to meet individual needs. Collaborated with Division of Family services, school personnel, court officers, and other supportive services to provide collaborative treatment.
- Northnode Group Counseling Center** Dover, DE September 2016- December 2016
Group Facilitator (Intern)

Developed and implemented an educational and counseling plan with modern methods of teaching and mentoring. Observed cultural or societal differences in dealing with the students and conducted group counseling sessions to assist students with problems or concerns. Assessed students' attributes and help them realize their strengths, then evaluated the progress of students and reinforced their sense of accomplishment. Identified behavioral problems and implemented appropriate disciplinary action. Presented progress reviews to the supervisor.

TEACHING EXPERIENCE

Walden University- Pre Practicum Experience Online Campus November 2021- January 2022
Graduate Student Teacher

- Co-taught Master's level Clinical Mental Health Counseling students with faculty mentor for online counseling skills course; teaching and modeling basic skills, facilitating critical engagement/discussions, teaching from critically engaged, multicultural, feminist, and wellness teaching pedagogy.

Walden University Online Campus May 2021- July 2021
Graduate Student Teacher
Co-taught Master's level counseling students with faculty mentor for practicum group supervision course.

PROFESSIONAL AFFILIATIONS

American Counseling Association
American Psychological Association
Maryland State Board of Professional Counselors & Therapists
Eye Movement Desensitization and Reprocessing International Association (EMDRIA)
National Board of Certified Counselors

PUBLIC SPEAKING EVENTS

Creating Community Conversations: "I am not okay"

Mindset Quality- March 2022

- Discussion panel speaker covering the topic of Black Women's Mental Health

Youth Empowerment Seminar

Reaching Out Now- August 2020

- Invited as a guest speaker and panelist to share professional experience, covering topics: *navigating boundaries, self-esteem, and mental wellness.*

Lupus Walk at Delaware State University

F.O.R.C.E.- April 2015

- Invited as a motivational guest speaker covering the topic *Life after Tragedy*