

Supervision Professional Disclosure Statement

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Approach to Supervision

My supervision approach follows the Developmental Model. As a clinical supervisor, I am here to help you learn what you do know and what you do not yet know in a safe and supportive environment that allows you, the supervisee, to be accountable while learning. The supervisee's needs will change substantially over time, and my goal is to support and foster that growth while assuring client and therapist ethical and legal concerns.

The Goals of Clinical Supervision are:

1. Develop competence in standard mental health assessment and treatment modalities while encouraging learning and growing within the field.
2. To gain a thorough understanding of theoretical orientations and their practical application.
3. To develop clinical skills in assessment, treatment planning, implementation, and documentation.
4. To oversee the development of ethical decision-making in the clinical setting.
5. To model and promote appropriate ways to work with culture, gender, sexual identity and preference, religious affiliation, or other differences in the counseling setting.
6. Develop the counselor's self-awareness and ability to discern his/her issues to sort through in clinical supervision and the client's issues to avoid countertransference in therapy. While clinical supervision is not therapy, in these instances, it may brush up against that boundary as we discern which issues need to be discussed in supervision and which would best be addressed within the supervisee's therapy.
7. Help the supervisee reduce their anxiety while increasing their professional identity and areas of expertise.

Supervisee's Responsibilities in Supervision

- 1) Prepare for and attend sessions.
- 2) Complete homework or assignments.
- 3) Watch videotapes of counseling sessions and complete a tape critique.
- 4) Keep supervisor informed regarding all client issues and progress.
- 5) Maintain liability insurance at all times
- 6) Complete supervision record at each supervision session.

Supervisor's Responsibilities in Supervision

- 1) Prepare for and attend all sessions.
- 2) Provide feedback each session and a formal evaluation at each quarter and the end of the supervision contract.

- 3) Review client case notes and other materials for quality control purposes.
- 4) Complete supervision record at each supervision session.
- 5) Maintain licensure as a clinical supervisor in MD and status as an NBCC approved clinical supervisor.

Evaluation Procedure

I use several tools in establishing goals and evaluation of these goals in supervision:

1. Mutual discussion of strengths and weaknesses over time
2. Self-assessment tools

Confidentiality:

Supervision is confidential, with a few noted exceptions:

1. client welfare is in danger of harm
2. ethical and legal violations
3. the supervisee provides a written release
4. the contract for supervision provision requires communication with a third-party (licensure board, court-ordered subpoenas, etc.).

Complaints

I abide by the NBCC, ACA, and NCBLCMHC Code of Ethics as well as the CCE's Standards for the Ethical Practice of Clinical Supervision. Although supervisees are encouraged to discuss any concerns with me first, you may file a complaint against me with any of these organizations should you feel I violated any of these codes of ethics.

North Carolina Board of Licensed Clinical Mental Health Counselors

P.O. Box 77819

Greensboro, NC 27417

Phone: 844-622-3572 or 336-217-6007

Fax: 336-217-9450

E-mail: Complaints@ncblcmhc.org

Termination

This contract is based upon the mutual agreement of both Supervisor/Consultant and Supervisee/Consultee. Either party can cancel this contract immediately without cause.

By signing below, the supervisee/consultee affirms that she/he has read and reviewed this supervision disclosure statement and agrees to all of the terms.